

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Vegetable soup	Harira	Potato Soup	Carrot Soup	Chicken Soup
Main Course Choice 01	Beef Kebab	Chicken Roast	Beef Stew	Chicken Basquaise	Chich Tawouk
Main Course Choice 02	Chicken With Mushroom sauce	Baked Fish with cheese sauce	Chicken Mexican Style	Fish Finger	Roast Beef with brown Sauce
Vegetables	Mix Vegetables	Ratatouille	Stew Vegetables	Potatoes Wedges	Sauteed Carrot with Mushroom
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Steamed Rice	Pilaw Rice	Boukhari Rice	Tomato Rice	Vermicelli Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Vegetables Soup	Lentil Soup	Fish Soup	Beans soup	Potage
Main Course Choice 01	Sauteed Beef with onion sauce	Chicken Majbous	Mutton Arabic Biryani	Beef with brown sauce	Oven Grilled Chicken Lebanese Style
Main Course Choice 02	Chicken Strogonoff	Fish Casserole with Mushrooms	Chicken stew	Chicken Blanquette	Portuguese Fish Caldeirada
Vegetables	Roast vegetables with herbs	Sauteed green peas and carrots	Gratinated Cauliflower	Mashed potato	Steam Veg
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Tomato Rice	Majbous Rice	Biryani Rice	White Rice	Steamed Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Vermicelli Soup	Parmentier Soup	Cream of Chicken	Chick peas with garlic Soup	Noodles Soup
Main Course Choice 01	Chicken Kebab	Grilled Chicken With Mustard Sauce	Oven Bake Chicken Arabic style	Fish Provencal	Mixed grill Skewers
Main Course Choice 02	Fish with olives sauce	Beef Lazagna	Mutton Stew	Chicken Florentine	Creamy Chicken
Vegetables	Baked Mixed Vegetables	Roast Potatoes	Baked Green Beans & Muchrooms	Potatoes Wedges	Roast Mixed Vegetables
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Machbous Rice	Steamed Rice	Kabsa Rice	Yellow Rice	Steamed Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Tomato Soup	Lentil Soup	Cream of Broccolis	Beans soup	Carrot Soup
Main Course Choice 01	Beef Stroganoff	Chicken Shawarma	Mutton Kabsa	Turkish oven grilled Chicken	Creamy Beef
Main Course Choice 02	Chicken Pizzaoila	Fish Casserole	Chicken provencal	Fish with lemon sauce	Chicken Enchilada Casserole
Vegetables	Baked Vegetables	Potatoes Wedges	Vegetables Casserole	Baked Potatoes	Sauteed Vegetables
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Pilaw Rice	Boukhari Rice	Kabsa Rice	Steamed Rice	Tomato Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad