

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Carrot soup	Sweet corn Soup	Green Peas Soup	Potatao Soup	Broccolis Soup
Main Course Choice 01	Chicken Saloona	Fish Singari	Roast Mutton Arabic style	Creamy Chicken with carrots	Chicken Biryani
Main Course Choice 02	Beef with mushroom sauce	Chicken Basquaise	Chicken Mexican Style	Fish Arabic Masala	Beef with olives Sauce
Vegetables	Herbed Potatoes	Sauteed green peas and carrot	Vegetables Casserole	Steamed vegetables	Gratinated Cauliflour
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Steamed Rice	Pilaw Rice	Boukhari Rice	Steamed Rice	Biryani Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Carrot soup	Sweet corn Soup	Green Peas Soup	Potatao Soup	Lentil Soup
Main Course Choice 01	Roast Fish fillet tomato and capsicum	Chicken Tagine	Mutton Kabsa	Arabic Roast Chicken	Beef Liver Iskandarani
Main Course Choice 02	Chicken Curry	Sauteed Beef with potatoes and capsicum	Fish with lemon sauce	Beef With Pepper Sauce	Chicken Casserole
Vegetables	Roast vegetables with herbs	Sauteed green peas and carrots	Gratinated Cauliflower	Ratatouille	Stew Vegetables I
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Tomato Rice	Majbous Rice	Biryani Rice	White Rice	Steamed Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Carrot soup	Sweet corn Soup	Green Peas Soup	Potatao Soup	Broccolis Soup
Main Course Choice 01	Beef Chawarma	Grilled Chicken With onion and capsicum sauce	Baked garlic chicken siniyah	Kofta Ezmir	Liver Iskandarani
Main Course Choice 02	Chicken with olives sauce	Fish Masala	Mutton Biryani	Cheesy Chicken with tomato and mushroom sauce	Creamy Paprika Chicken
Vegetables	Baked Mixed Vegetables	Roast Potatoes	Baked Green Beans & Muchrooms	Potatoes Wedges	Roast Mixed Vegetables
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Machbous Rice	Steamed Rice	Kabsa Rice	Yellow Rice	Steamed Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad

VOLTAIRE SCHOOL_PROPOSED LUNCH MENU_WEEK 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Soup	Carrot soup	Sweet corn Soup	Green Peas Soup	Potatao Soup	Lentil Soup
Main Course Choice 01	Niçoise Chicken Stew	Daoud Basha Meat Balls	Mutton Mandi	Fish Provencal	Mixed Beef and Liver Saloona
Main Course Choice 02	Fish Curry	Chicken Florentine	Chicken With mushroom Sauce	Chicken Kadai	Chicken with mustard sauce
Vegetables	Mix Vegetables Masala	Ratatouille	Vegetables Casserole	Baked Potatoes	Sauteed Veg
Pasta	Spaghetti	Penne	Macaroni	Spaghetti	Penne
Rice	Pilaw Rice	Boukhari Rice	Ghee Rice	Steamed Rice	Tomato Rice
Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce	Tomato Sauce / White Sauce
Dessert	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad	Fresh Fruits / Fruit Salad